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Behavioral Health Advisory Council Meeting Minutes March 28, 2014

Members Present: Lonnetta Albright, Julie Barron, Joelene Beckett (via phone), Linda Burghardt, Karen Cashen, Elmer Cerano, Mary Chaliman (via phone), Becky Cienki, Michael Davis, Norm DeLisle, Tina Louise (for Elizabeth Evans), Mary Beth Evans (via phone), Benjamin Jones, Lauren Kazee, Marlene Lawrence, Kevin McLaughlin, Kayla Lowers (for Amy Allen) Chris O'Droski, Kevin O'Hare, Stephanie Oles, Jeff Patton, Jamie Pennell, Neicey Pennell, Marcia Probst, Mark Reinstein, Ben Robinson, Lori Ryland, Kristie Schmiede, Patricia Smith, Sally Steiner, Brian Wellwood, Jeff Wieferich, Grady Wilkinson, Cynthia Wright

Members Absent: Sonia Acosta, Shareen McBride

Others Present: Deborah Hollis, Liz Knisely, Joe Longcor, Alia Lucas (via phone), Jeff VanTreese, Jennifer Stentoumis

Call to Order:

The meeting was called to order at 10:11 a.m. by Marcia.

Introductions:

Everyone introduced themselves.

Approval of the September 13, 2013 Minutes:

Brian made a motion to approve the minutes; Linda seconded the motion. The minutes were unanimously approved.

Behavioral Health & Developmental Disabilities Administration Updates:

Liz Knisely gave the following update:

Healthy Michigan Plan: Medicaid (MA) expansion set to kickoff April 1, 2014. MDCH is expecting 400,000-500,000 new eligible people for the MA expansion. A list of covered behavioral health services was distributed. The Substance Abuse coverage in the Healthy MI Plan is much richer than for those currently on MA and all Substance Abuse services are provided through the Prepaid Inpatient Health Plan (PIHP) system. Also, the mild to moderate mental health benefits of 20 outpatient visits continues in the MA Health Plan, so there is significant confusion that could result. CMHSPs and PIHPs are very interested in the number of expected new enrollees to the behavioral health system; this could be difficult for the system to manage. There has been some general fund contingency dollars made available to the CMHSPs to cover the gap.

MDCH is looking at ways to utilize block grant dollars to support the Recovery-Oriented System of Care, Peer Support Specialists, and Recovery Coaches in partnering with physical health care providers to help people navigate the behavioral health system. MDCH wants to make sure these services are billable regardless of the title of the position.

Liz explained that the general fund cuts that have occurred to some of the CMHSPs will warrant further discussion and planning. There needs to be a way to identify and assure that people are receiving their services through the appropriate funding source (straight MA, Healthy MI, Block Grant, General Fund). There has also been a Medicaid rate "re-setting" for the PIHPs, which has impacted distribution of Medicaid funds to some PIHPs. The issue is complicated by

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looking at all system funding and trying to make sure PIHPs have enough funding to serve eligible consumers.

MDCH is asking for each PIHP to submit the tool they are using to measure recovery in their entire system of care, so these will be evaluated.

The Standards Group is evolving into a hub for keeping in touch with the Substance Abuse Advisory boards that are being developed in each Region as well as keeping track of developments with the Application for Participation (AFPs) in each Region. Marcia asked what MDCH wants BHAC to be focused on. Liz indicated that the guidance from MDCH is still to come as it is unclear to MDCH exactly where the Mental Health and Wellness Commission recommendations will lead. Liz will continue to follow-up on this and let BHAC know when she has further guidance.

Health Homes begin July 1, 2014 in four communities.

Steven Mays has been hired as the MDCH liaison to the Jail Diversion Council. Karen will send out his contact information.

The Behavioral Health & Developmental Disabilities Administration is partnering with Office of Services to the Aging to look at making sure older adult services are adequate.

Employment First Update: Joe Longcor gave an update.

Joe distributed three handouts regarding the Employment First program. He provided the history of the Employment First program in Michigan, resources about the program and the underlying principles of the movement. In Michigan, a one to five year plan for transitioning people to an Employment First environment is being developed. It is still unclear if people with mental illness are going to be included in the transition plan along with people with Intellectual/Developmental Disabilities.

Healthy MI Bulletin Discussion: Kristie Schmiede gave an update.

The subcommittee's concerns about Substance Use Disorder services may have been addressed by the draft Healthy MI Plan Services list that was distributed. The Bulletin's language may have been misleading because some of it was required Centers for Medicare and Medicaid Services (CMS) language. Jeff Wieferich explained that the list is currently a draft only because it has not officially been approved by CMS, but it likely will be. The thinking behind the list was to create parity with Mental Illness and Substance Use Disorder Services in the Healthy MI Plan.

Recovery Voices Update: Chris O'Droski gave an update.

The group has been following a couple house bills #5207 and #4891 that would impact the recovery community. They are working with other advocacy groups regarding legislative activities. They are also promoting the screening of the movie "Anonymous People" around the state. They are also trying to expand membership and increase their social media presence. Chris participated in an interview (behind the scenes) on WDET to talk about substance use disorders (link was sent to BHAC).

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Also regarding bill #4891: Kristi Schmiede indicated MASACA has been working extremely hard on getting support in the legislation for passing this bill. Marcia asked if the BHAC wanted to do something to support this bill. Some ways to get involved are to have Director Haveman ask members of the BHAC to speak to legislators or to send a memo to Director Haveman that could be forwarded. Linda moved and Norm seconded, State employees abstained, and the motion passed unanimously for a memo to be drafted by a subcommittee of Jeff, Kristi, and Kevin to outline the BHAC's recommendations regarding bill #4891 to send to Director Haveman.

Recovery Oriented System of Care Steering Committee: Kevin O'Hare gave update.

Kevin indicated the committee is in transition and is currently working on establishing representation from the 10 PIHPs and other relevant players as well as roles and responsibilities as related to other advisory and advocacy groups. This prompted a discussion about how the BHAC and ROSC Steering Committee intersect and how members of these groups could help MDCH define things. Norm moved that Marcia contact a staff person at TSG (Laura Vredevelde) and TSC to convene a meeting with Liz Knisely and Deb Hollis and reps from each group to help define roles for each. Kevin seconded, State employees abstained, motion passed unanimously.

Review of the fiscal year 2015 Combined Block Grant Application: Karen Cashen gave update.

The fiscal year 2015 application is an update to the fiscal year 2014-15 application submitted last year. Karen reviewed the application with the group. Alia Lucas presented on Substance Abuse Block Grant part of the application. Karen reviewed some of the changes pending to the Mental Health Block Grant.

A motion was made by Elmer Cerano for the BHAC to advise Director Haveman that this group is concerned about the overall reduction of general fund dollars to the behavioral health system. Jeff seconded; motion approved unanimously with State employees abstaining. Elmer will draft the letter; Jeff will review it and send it to Marcia for signature. Brian moved, Kevin seconded to write a letter of support from the BHAC for the fiscal year 2015 Combined Block Grant Application. Ben asked how the targeted substances were identified in the application. Karen indicated that she would take the question back to MDCH to find out. A response from MDCH came in during the meeting and Karen read the response aloud. The group voted and the motion passed unanimously, State employees abstained.

BHAC Priorities and Updates: Marcia Probst gave updates

Liz had asked that the BHAC identify three priorities from the Mental Health and Wellness Commission Report that they would like to focus on. Mark moved that a subcommittee be convened to review the Mental Health and Wellness Report and perhaps some areas that were missed and bring back targeted recommendations that the BHAC can focus on, Kevin seconded, group voted and passed motion unanimously. Mark R, Jeff, Elmer, Ben, Brian, Linda, Jamie and Kristi will convene a subcommittee. Mark will facilitate the group will come back with recommendations in a month.

Parity – Ben suggested contacting resources to educate the BHAC on what is happening at the Federal level. Mark indicated that his group has been reviewing all the policies available on the exchange and the information is limited and varied. Most plans are reporting behavioral health inpatient and outpatient separate from medical patient and outpatient, but not much else can

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reliably be compared. They want to look at off exchange plans next. They were also hoping to set up a hotline of sorts for people to report problems they were having in getting parity with these plans, however, that has not happened. Norm indicated that his organization has a subscription to Survey Monkey so if there was a survey to post, they could do it. Mark, Norm, Marcia, Sally, Linda and Neicey moved, Linda seconded to convene the subcommittee (members listed above) to investigate the feasibility of doing a parity survey; group voted to do that unanimously; State employees abstained.

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The substances identified are those in the State Strategic Plan and there are several other initiatives addressing heroin and prescription drugs. There is also flexibility for communities to target specific substances that are impacting their communities.

Behavioral Health Integrated Healthcare: Karen Cashen gave update.

Karen spoke briefly about the Integrated Health Care Initiatives that have been supported by block grant dollars in the last two years.

Addressing the Needs of Children -Several priorities in the Mental Health and Wellness Report focus on kids; the Diversion Council is also being expanded to include juvenile justice. Employment for transition age youth is an issue. The subcommittee looking at the Mental Health and Wellness Report will specifically look at children recommendations.

Public Comment

NAMI MI Conference May 9 and 10, 2014 Doubletree in Detroit.

MDRC Annual Fun-A-Rama May 18th, 2014 from 1:00 to 4:00 pm.

Michigan Celebrate Recovery Rally September 20th, 2014 in Grand Rapids in conjunction with Sober-Palooza.

May is Mental Health Month, May 4th is Mental Health and Dignity Day at the State Capitol.

May 14th is Walk-A-Mile in My Shoes sponsored by MACMHB.

Marcia indicated she had information from a concerned community member about forced treatment if anyone is interested.

Anonymous People Event Thursday, May 29th, 2014 St Joseph Hospital Auditorium in Ypsilanti.

Next Meeting is on Friday June 20th, 2014.

Ben moved, Chris seconded, meeting adjourned at 3:05 pm.